



Marysville Community Food Bank Loaves & Fishes

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Marysville Community Food Bank Board of Directors

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**“And the dreams
that you dare to
dream really do
come true.”**

- Over the Rainbow

The Dream Is a Reality!



Mike Mulligan, Mayor Dennis Kendall and MCFB Founder JoAnn Mulligan do the honors Jan. 6.

New Food Bank Building Made Possible By...

The Annenberg Foundation
Boeing Employees Community Fund
The Fred Meyer Foundation
HUD & CDBG Grants
The Jubie Family
Marysville Noon Rotary
The Mulligan Family
Northend Trucking
Ron Grant's Estate
Rotary First Harvest
The Tulalip Tribes
YMCA

**Our loyal volunteers and the
generous community of Marysville!**





Volunteer Spotlight . . .

We extend grateful thanks to all of our 80+ volunteers. Their dedication allows MCFB to serve the needs of our community.

September – Del Doty

Del arrived about six months ago at the Food Bank and was immediately asked to help with computer intake at the front counter! He is a retired Washington State Patrol trooper and has worked for Roy Robinson delivering parts. His attention to details is a big advantage for computer work. Del says he really enjoys meeting new people – clients and volunteers.

Having seven grandchildren keeps life exciting for Del and his wife, Sharon. His son Darren and daughter-in-law Shelley, and their daughters Stephanie and Cindy, add more pride and pleasure to their lives.

Del's hobbies include collecting stamps and playing golf. He and Sharon look forward to more hiking, sightseeing, and traveling. We always welcome his return to the Food Bank after an adventure.

PLEASE JOIN US!

Volunteers are needed on Mondays, Tuesdays, Thursdays, Fridays and Saturdays from 8 to 11 a.m., and Tuesdays from 2 to 6 p.m. Come in to get an application, or download one at www.marysvillecommunityfb.com.

October – Terry Turner

While working full time as a counselor with the Department of Social and Health Services in Seattle, Terry still has made time for volunteering at the MCFB since November of 2007!



Terry played football at Roosevelt HS, Olympic Jr. College, and a bit for UW. He coached the Snohomish County Thunder team and signed them up as sponsors of the Food Bank. Now that's a real winning team! His coaching skills come in handy raising his three children: Chris, 22, Tyler, 18, and Tamerra, 16.

Terry's involvement with family and the community led him to volunteer at the Food Bank, always helping others in need. We are so grateful to have his energy, willingness and strength: he helps unload trucks, pushes carts, and does whatever he is called upon to do. Thank you, Terry, for joining our team... we do offer lifetime contracts!

November – Dianne Carter

After retiring from banking about five years ago, Dianne felt a need to be useful to the community again. She wanted to make someone's life a little better, so about a year ago she started volunteering at the Food Bank.

Dianne helps with computer intake at the front counter. Her friendly smile shows the reward she receives from helping others.

At home, Dianne is entertained by her two mini schnauzers. Her son and his wife live in Seattle and



her daughter and son-in-law live in Arlington. She has three grandchildren and one great-granddaughter. In addition to her family, Dianne busies herself in the summer with gardening and in the winter with needlework – counted cross stitch and intricate Norwegian hardanger.

We are delighted she has chosen the Food Bank for her community volunteer work – we certainly appreciate her!

December – JoAnn Sewell

In August the Food Bank received a wonderful gift: JoAnn began volunteering and has been here every day that we have been open! After raising seven children – five boys and two girls – and having her husband pass away, JoAnn found herself with no one to take care of. She says she felt lost. "Now I have a whole bunch of people to care for," JoAnn declares.

As new volunteers come in, JoAnn has been instrumental in signing them up, giving them a tour, and showing them how to pitch in. She also helps clean and sort produce, making it look its best for clients. JoAnn quietly and pleasantly makes things happen!

When JoAnn is not at the MCFB she enjoys reading, cross stitching and gardening. We are so glad she added us to her activities!



In this Herald photo, JoAnn prepares for the grand opening on Jan. 6.

Jennifer Buchanan photo

MESSAGE FROM OUR FOOD BANK DIRECTOR



What an incredible year 2008 proved to be! Thank you for your support through volunteering, donating, offering suggestions, listening and

about 40,000 pounds that will last until late July. Then once again, we rely on financial donations to purchase enough food. Before we know it, the holiday food drives begin again and we manage to get food to everyone in need.

ensuring the hungry always have food. You make the world a better place.

Please remember the Marysville Community Food Bank in the lean months. It is inspiring to see so many individuals bring in donations and sponsor food drives. I am especially touched by the young ones who ask friends to bring food donations instead of toys for their birthday parties. What hope that gives me for the future generation! And the continued giving by those on fixed incomes and retirement warms my heart.

In 2008 we saw the number of clients rise, fall, and rise again. The miracle is that donations are keeping pace with the increased demand. I try not to worry about the lean months in the spring and late summer, yet I continually pray that the donations keep coming in during those times.

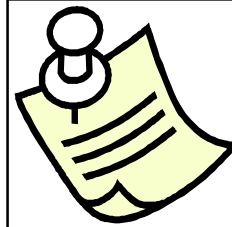
Finally, we love our new building! We are so grateful to our volunteers, the Marysville community and the generous donors who made it all happen!

The holiday food drives brought in nearly 50,000 pounds of food for the needy. By March, all that food will be gone and most of our food will be purchased through a wholesaler. The May Postal Food Drive usually brings in

~ Joyce Zeigen



Clockwise from bottom left: Congressman Rick Larsen visits in September; French and Lewis couples at December's Gala; sorting tons of holiday donations; Mary Ross checks the door; Roger and Kurt construct new shelving; two joyful Joyces cut cake at grand opening.



MCFB Bulletin Board

Many Thanks To...

Mike Berry, our warehouse manager, who spent about a million extra hours helping with the move and encouraging many other volunteers...

Steve Fulton and the Soroptimists raised more than \$8,000 for MCFB by organizing the Gala on Dec. 16...

Kasilof Fish Co. for loaning us their big truck for the move...

The **Fred Meyer Foundation**, which donated \$18,300 for our spacious new walk-in freezer...

Boyd Lanier of Dick's Restaurant Supply donated his time to move our big dairy case...

The **Mulligan Family**, for their nonstop, behind-the-scenes work with builders, invaluable input on design, building of carts and shelves, etc, etc, etc...

Everyone at **Van Rossen Construction** for their beautiful (ahead of schedule!) work on our new building...

Joyce Zeigen, for her leadership, organization and enthusiasm in opening the new building.

Home Delivery Help Needed

We are looking for a volunteer who can help with home deliveries on the first and third Tuesday mornings of each month.

Donate to MCFB via PayPal

Did you know we now accept donations on our website via PayPal? In fact, we received about \$6,000 through PayPal in the first six months this service was offered.



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Does someone you know need services from the Food Bank? Please encourage them to contact us. Families must bring proof of their address in the Marysville community (PUD bill, phone bill, rent receipt, etc.), and verify family members living at home (medical coupons, school report cards or forms, etc.). Individuals are also welcome, and may receive food twice a month and get bread and produce weekly. We are located at 4150-88th Street NE, right behind St. Mary's Church. Distribution days are Tuesdays from 3 to 6 p.m., and Fridays from 9 to 11 a.m. Seniors over 65 and disabled clients are asked to arrive during the first half-hour of distribution for priority service. Because Fridays are less busy than Tuesdays, we encourage Seniors and disabled clients to visit us on Fridays if possible.

Marysville Community Food Bank Member Churches

Assembly of God Church

Bethlehem

Lutheran Church

Calvary Chapel

Cascade Christian
Reformed Church

Church of the Nazarene

Evergreen Unitarian
Universalist Fellowship

First Baptist Church

Little Church at
Winsor Square

Marysville Free
Methodist Church

Marysville United
Methodist Church

Messiah Lutheran Church

Mountain View
Presbyterian Church

Port Susan Chapel

Seventh Day
Adventist Church

St. Mary's
Catholic Church

St. Phillip's
Episcopal Church

Turning Point
Community Church

Word of Life
Brethren Church
