



Marysville Community Food Bank Loaves & Fishes

Volume 8, Issue 2

May 2008

Marysville Community Food Bank Board of Directors

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Design: Barbara Edmondson

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“No person was ever honored for what he received. Honor has been the reward for what is given.”

Calvin Coolidge

Message from Our Food Bank Director

Community. It is the most important part of the Marysville Community Food Bank. The community contributes food, financial support, volunteers and encouragement to us every day. After four months in the position of director, I am still awed by the community commitment to the Food Bank.

Every week we receive hundreds of pounds of produce and other groceries from Albertsons, Costco, Fred Meyer, Haggen, Safeway, Thriftway and WinCo. We receive coffee and pastries from Starbucks. Local churches and individuals provide financial support. Marysville schools have food drives throughout the year to help the Food Bank. Service organizations such as Kiwanis, Rotary, Soroptimist

International and the YMCA are also very generous supporters. Milgaard Manufacturing and Curves are two recent examples of business food drives that brought in a lot of canned food. The Milgaard crew not only collected 3,000 pounds of food, they unloaded and sorted it for us!

As you can see, the Marysville community is the special ingredient to making the Food Bank a successful tool to alleviating hunger. Thanks to the incredible support of all of you, we lessen the hunger of nearly 1,000 families every month. This summer we hope to provide even more fresh produce to our clients. Please think of us if you get an abundant harvest from your garden!

~ Joyce Zeigen

ANNUAL MCFB DINNER HONORS LOYAL VOLUNTEERS



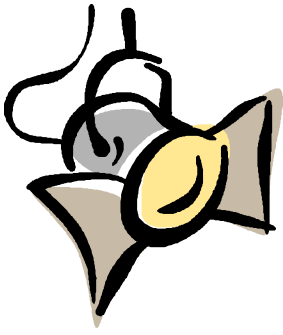
About 85 volunteers and guests were honored on April 17 with entertainment, dinner and Presidential Service certificates for their dedication to the Food Bank. Our ability to serve our clients would be impossible without their talents and energy. The Board extends sincere thanks to all who have given their time and help to the Food Bank.

A special memorial plaque was presented to the family of Lillie Lein (shown at right). Lillie was Board secretary for 15 years and the guiding inspiration behind OMCC. She passed away on July 9, 2007 from a sudden brain aneurism. Lillie will always be remembered for giving her heart to the Marysville community.



A HUGE thank you goes out to Dorothy Elliott, Joyce Lybyer and Joyce Zeigen for volunteering to cook our scrumptious meal. And we couldn't have gotten set up or cleaned up without the amazing help of Ardyce and Jim Johnson, Dorothy and Al Elliott, Joyce and Jack Lybyer, Sherry and Dick Haigh, and Dana and Mike Mulligan.

Please see the story on page 3 about this year's Volunteers of the Year, Joe and Pat McGuire!



VOLUNTEER SPOTLIGHT . . .

We extend grateful thanks to our Volunteers of the Month, and to all of our 80+ volunteers. Their dedication allows MCFB to serve the needs of our community.

January – Cha Monteith

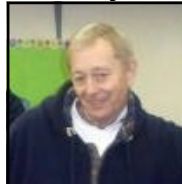


Cha joined our Food Bank family about six months ago. After helping with OMCC during the holidays, she joined the volunteer force here. She has learned the computer check-in system and helps with intake and record keeping. Cha also jumps in to help wherever it's needed.

Family has always been a first priority with Cha. She lives with her husband Dan and son Gordy, 15. She is a homemaker who enjoys cooking, family time, sailing and traveling. Cha volunteers for several community groups; she is clearly an efficient, talented woman!

Understanding how lonely and scary it can be when you are down and out, Cha doesn't want anyone to feel they have no support. She feels God calls her to help the less fortunate and she is delighted to do so. We are delighted to have her!

February – Mike Berry



With extra time on his hands, Mike came to the Food Bank about 18 months ago with the hope of helping others – and we haven't let him leave. He became one of the "cart pusher guys" and helps load client

goods at the front counter.

Traveling through several Caribbean islands and spending a week on each one was a recent highlight of Mike's travels. He also enjoyed exploring Australia a few years ago. Mike and his wife Sharon look forward to their next adventure.

Mike has three sons living in the area: Kevin, Bryon and Michael. He gets a kick out of his 3-year-old granddaughter Taryn. He finds time for reading, sports and wood-working; his energy seems endless.

Mike retired from a career as a salesman for H. H. Robertson. When asked what he sold, Mike rolled his eyes, smiled and said, "Concrete embedded raceways for power data communications." (We think he has had to explain this before.) It involves conduit for construction of buildings... ask him for details!

Mike's dedication and upbeat attitude are much appreciated.

March – Roger Gardner



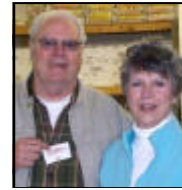
A 12-year veteran volunteer at the Food Bank, Roger is one of those faces we always look forward to seeing. He used to drive the truck to pick up loads when he first started volunteering and now helps clients take their supplies to their cars. (Another cart pusher guy!) He always has a friendly smile and a willingness to get the job done.

Roger retired from Boeing as a mechanic for sub assemblies in 1987, after 30 years on the job. When asked if he enjoys retirement he smiled and said, "Oh, yeah, for 20 years now!" Roger and his pal Nick Both head for Lake Crabapple and Lake Ki to fish for trout from the shore. He looks forward to spring finally turning warm enough to get

his garden started and growing a variety of fresh vegetables.

Roger continues to miss his wife, Pat, who passed away in 2004. The Food Bank volunteers have permanently adopted him as their own – lucky Roger!

April – Al and Dorothy Elliott



Al retired from the Port of Everett on a Friday in 2000. That Sunday at church, he was grabbed by LeRoy Weber (a former MCFB volunteer, now deceased) and asked what he was going to do now that he was retired. LeRoy saw to it that Al joined the MCFB volunteer crew on Monday.

Al started picking up donations from stores and later, when his back didn't like that heavy lifting, he helped clients get their food out to their cars. (Have we mentioned we love our cart pusher guys?) He has been at it for eight years now!

Al volunteers at the Pilchuck Audubon Society and the Marysville Historical Society. He also collects mammoth teeth and fossils, and sneaks off to fish.

About six months ago, Al's wife Dorothy also started to volunteer. She helps bag basic supplies, cleans produce, and helps distribute pastries at the front counter. Dorothy retired from the Tom Thumb grocery store in Lake Stevens. She helped open the store in 1976 and ensured its success with her hard work for 30 years. Dorothy loves arranging flowers, decorating and yard work.

Al and Dorothy also serve on the Food Bank Board, lending their energy and guidance. Their 12 grandchildren (nine close by) have wonderful examples of community involvement in Al and Dorothy. We are certainly delighted to have their help and dedication.

JoAnn Mulligan Receives Jefferson Award

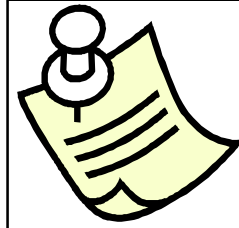
On March 25, JoAnn Mulligan was awarded one of five 2008 Jefferson medals for exceptional community service in the State of Washington. This annual award is sponsored by the Seattle Post-Intelligencer and Microsoft. She will now be considered for a national award.

The MCFB Board nominated JoAnn as "an ordinary person who has done extraordinary things" for her community and the world.



Her family joined her at a luncheon at the Westin Hotel in Seattle for the award presentation. We are so proud of her and feel blessed by her influence to help the less fortunate.

Did you know that our Food Bank's first "location" was actually JoAnn's Chrysler LaBaron? To read the March 24 Seattle P-I story online, visit http://seattlepi.com/local/356266_jeffmulligan25.html



MCFB Bulletin Board

Volunteer Needs

Mondays, Thursdays and Fridays from 8 to 11 am: Sorting and cleaning produce.
Saturday, May 10, 1 to 6 pm: Postal Food Drive unloading and sorting at the Food Bank.

Collection Schedule

Does your church or business regularly collect food for the MCFB? Here are suggested items for the upcoming months:
May: tuna, pickles, garden seeds
June: ketchup, mayo, mustard
July: cereal, salad dressing
August: spices, cooking oil

Calling All Churches!

Please send a representative to the Food Bank Board Meetings, held the third Thursday of each month at 7:00 p.m. Call Joyce at 360-658-1054. We value your input and involvement!

Many Thanks...

... to **Haggen** for donating 100 reusable grocery bags for our clients ... to **Rotary First Harvest** for a grant for a new glass-door refrigerator ... to **Joyce Zeigen**, our new director for her many hours of service and making the food bank operation her first priority. She is enthusiastic, hard working, efficient and always on the go!

Postal Food Drive Saturday, May 10

Please place bags of non-perishable food at your mailbox.



New Building Update...

On April 3, the Board of Directors approved the hiring of Van Rossen Construction Company to build the new Food Bank. It was the lowest bid that the county found to be in compliance.

With funding from a county grant, state grants and local donations, about \$100,000 is still needed for completion. The Board hopes to seek those funds from local contributions or grants. Cash donations may be made to the Marysville Community Food Bank Building Fund.

VOLUNTEERS OF THE YEAR JOE AND PAT MCGUIRE

Joe and Pat McGuire are an amazing husband and wife team who have dedicated five years to the Marysville Community Food Bank.

They were overwhelmingly chosen by their coworkers as Volunteers of the Year for 2007.

Joe and Pat help on Tuesdays, Fridays and Saturdays. They prepare and display fresh vegetables, manage driver schedules to the stores, check dates on baby food donations,



organize other volunteers, guide work experience helpers, store shipments as they come in, and probably about a hundred other things. We'd sure hate to be without them!

After Joe retired as a steelworker in Chicago in 1997, the couple moved west to be near their three daughters. How lucky for us they relocated in Marysville!

Our hearts are full with admiration and appreciation for Pat and Joe.

Marysville Community Food Bank
6518 60th Drive N.E.
P.O. Box 917
Marysville, WA 98270-0917
(360) 658-1054



Does someone you know need services from the food bank? Please encourage them to contact us. Families must bring proof of their address in the Marysville community (PUD bill, phone bill, rent receipt, etc.), and verify family members living at home (medical coupons, school report cards/forms, social security card, etc.). Individuals are also welcome. They may receive food twice a month and get bread and produce weekly. We are located at 6518 60th Drive N.E. (next to the YMCA). Distribution days are Tuesdays from 9 a.m. to noon, and Saturday from 9 to 11 a.m.

Marysville Community Food Bank Member Churches

Assembly of God Church

Bethlehem
Lutheran Church

Calvary Chapel

Cascade Christian
Reformed Church

Church of the Nazarene

Evergreen Unitarian
Universalist Fellowship

First Baptist Church

Marysville Free
Methodist Church

Marysville United
Methodist Church

Messiah Lutheran Church

Mountain View
Presbyterian Church

Port Susan Chapel

Seventh Day
Adventist Church

St. Mary's
Catholic Church

St. Phillip's
Episcopal Church

Turning Point
Community Church

Word of Life
Brethren Church
