



Marysville Community Food Bank Loaves & Fishes

Volume 8, Issue 3

September 2008

Marysville Community Food Bank Board of Directors

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Food Drive Honor Roll & Special Events

Postal Workers Deliver Again! The May 10 Postal Workers' Food Drive was a record-setting success for the Marysville Community Food Bank. We received 42,000 pounds this year – that's an increase of 7,000 pounds from last year! (Please see page 3 for details.)

The **Boeing Employees Community Fund** gave a \$2,000 "Thank You Grant" at a luncheon on July 31.

Snohomish County United Way sponsored a volunteer appreciation night at the August 5 Aqua Sox game.

Marysville-Pilchuck students and teachers grew a garden at **Sunnyside Nursery**, and the **Master Gardeners at Jennings Park** have contributed fresh produce – it has been wonderful!

Herb Barstad's Iron Man Golf Tournament in August raised \$267.50 for the MCFB.

The annual **Night Out Against Crime** on August 5 collected two barrels of food, while the **Summer Jubilee** on August 10 collected over 1,000 pounds of food and \$101.75 in cash.

MARK YOUR CALENDARS FOR SEPT. 12 & 13. On those two days, gather friends, family and neighbors to collect food and cash donations for MCFB. Bring all donations to the food bank between 5 and 6 p.m. on Saturday, Sept. 13 to have your picture taken and your donations weighed and tallied. The top three teams will receive prizes... a fun way to help the Food Bank!

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NEW BUILDING, FUNDRAISING UPDATES...

Thank God for miracles! We have received many donations from community members, ranging from \$5 to \$5,000. We had the added blessing of a gift of nearly \$95,000 from the estate of the late Ron Grant. Ron was a remarkable and amazing volunteer who passed away in October, 2007. His legacy will live on at the new Marysville Community Food Bank.

As of the end of August, we still need to raise about \$50,000 to finish paying off the new building; its construction is a bit ahead of schedule thanks to the wonderful people at Van Rossen Construction. The building and equipment will be complete by the end of the year; doors will open in January for client distribution. We are so excited about our new facility!



"The greatest gift is a portion of thyself."

- Ralph Waldo Emerson



Volunteer Spotlight . . .

We extend grateful thanks to all of our 60+ volunteers. Their dedication allows MCFB to serve the needs of our community.

May – Barbara Sandford

Since early 2001 Barbara has volunteered at the Food Bank. She



is often seen working in the produce area, sorting and cleaning veggies. Barbara also helps distribute

bags of food at the front client counter freely giving her warm, welcoming smile. There are times she "floats" to whatever job needs doing.

Barbara is a widow with four grown children and seven grandchildren, so you can imagine that spending time with family activities keeps her busy, too.

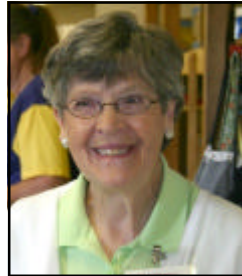
She relaxes with painting, lots of travel lately, beach walking, exercising and reading. Perhaps being a retired psychotherapist enables her to know how to have a good time! We are so grateful that she loves to contribute to her community and feel useful. She certainly is! Thank you, Barbara, for being so dependable and pleasant.

June – Lois Lewis

As someone who always cared deeply for people who were "down and out," Lois decided to do something she knew would help. So for 11 years she has volunteered at the Marysville Community Food

Bank. Lois loves the atmosphere of friendliness and giving to others. She has made many good friends over the years and we feel she is a precious gift to us!

Lois has worked on Tuesdays and Saturdays helping with



distribution of food at the front counter – including all the delicious desserts. She has also helped sort and prepare

the fresh vegetables that come in. In the past she has bagged the basic supply sacks. Her husband Dave also volunteers at the Food Bank; they are quite the duo!

Seven grandchildren, mostly teens, keep life interesting for Lois. Four are nearby in Everett and three are in Hawaii. She finds time for gardening, reading all kinds of books, participating in church activities, and of course there is the Food Bank! We appreciate her wise guidance and sincere goodness directed to others.

July – King Schmelzer

Working hard is King's trademark. Over the last year, he has helped unload the trucks, using his strong back to store boxes of food.



He also drives the forklift, sorts canned goods and fresh vegetables, and sweeps up when needed.

King was raised in Marysville and graduated from Marysville-Pilchuck High School. He has two sons nearing adulthood; his wife passed away a few years ago from cancer.

King has worked as a heavy equipment operator, and he is now on to another job. We are grateful to have had King's energetic help.

August – Kurt Munnich

When Kurt retired from Scott Paper in 1986 he became a "professional"



volunteer, and boy are we glad! He faithfully drives his pickup truck every Monday to Thriftway, Winco and two Albertsons

stores to transport donated pastries, bread and vegetables to the Food Bank. One load may consist of 40 boxes. In the past, the stores filled 50-gallon drums and as Kurt says, "You can imagine digging through a drum full of strawberries!"

Kurt moved to Everett in 1960 and worked for 28 years with Scott Paper. Using his forestry degree, he was briefly Chief Forester for over 250,000 acres of timberland. He married Jo in 1953 and they had four children. They now enjoy spending time with their seven grandchildren. Kurt's hobby is fixing things, fixing things and fixing things. He stays active doing maintenance and repairs for his church. He relaxes by hiking and listening to jazz. Thanks for your service, Kurt. We can always count on you!

PLEASE JOIN US!

Our "snow bird" volunteers are heading south for the winter. Please help fill the void by volunteering on Monday, Tuesday, Thursday, Friday or Saturday mornings. Come in to get an application, or download one at marysvillecommunityfb.com.

MESSAGE FROM OUR FOOD BANK DIRECTOR



I can't believe summer has ended and it is already time to plan for the holidays. Leaders from Operation Marysville Community Christmas are already gathering donations, organizing food drives and preparing for the holiday toy store. Here at the Food Bank, we are making our lists (and checking them twice) to make sure we are ready to meet the needs of hungry families.

We have had a 20 percent increase in households served, compared to this time last year. By November, the increase may be at 25 percent. This has us hustling and bustling to make sure we have enough food for clients. Please remember the need when you see the red barrels for food throughout the community during the holidays.

If you can't help with donations, maybe you can spare a few hours to volunteer at the Food Bank?

~ Joyce Zeigen

Thanks to Everyone Who Made the May 10 Letter Carriers' Food Drive a Record-Breaking Success!

To Rocky and Abe at the post office, and to all the carriers in Marysville, and at the Tulalip annex.

To the LDS and United Methodist churches for sending high school students to help carry boxes and sort food.

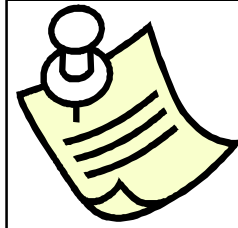
To Dave Bodach and Ed Dawson for bringing in more Marysville-Pilchuck students to help.

To Mike Mulligan, Herb Barstad, Gerhardt Dinger and Larry Donovan for driving trucks from the post offices to the MCFB – many trips and long hours!

To the more than 70 volunteers who helped with the collection of food, carrying boxes and sorting for storage.



Barbara Sandford, Jan Tilly and Darrel Moses were among the 70 or so volunteers who made the event such a huge success, as were members of the youth group from the Marysville Church of Jesus Christ of Latter-Day Saints.



**MCFB
Bulletin
Board**

We're On the Web!

Visit our new website at marysvillecommunityfb.com. Encourage your friends to learn more about us and download a volunteer application.

Many Thanks To...

Everyone at **Van Rossen Construction** for their beautiful (and fast!) work on our new building ...

Beverly Smiley and Cha Monteith for writing thank-you notes to our donors ...

Our director, **Joyce Zeigen**, for her grant-writing and fund-raising efforts for the new building. She continues to reach out to our community and build partnerships with the MCFB ...

Everyone who has contributed to the Food Bank!

We'll Miss You, Suzanne!

Suzanne Balam, our computer program specialist, has taken a part-time job with her church. We'll miss her at the front desk on Tuesdays. Happily, we'll still see her on Saturdays!

Collection Schedule

Does your church or business regularly collect food for the MCFB? Here are suggested items for the upcoming months:

- Sept:** peanut butter, jelly, honey
- Oct:** pumpkin, canned milk, cinnamon and spices
- Nov:** green beans, olives, stuffing mix
- Dec:** sugar, tea, hot cocoa, coffee



Happy 32nd, Amber!

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**The Marysville Community
Food Bank always uses
cash donations wisely.**

Does someone you know need services from the food bank? Please encourage them to contact us. Families must bring proof of their address in the Marysville community (PUD bill, phone bill, rent receipt, etc.), and verify family members living at home (medical coupons, school report cards/forms, social security card, etc.). Individuals are also welcome. They may receive food twice a month and get bread and produce weekly. We are located at 6518 60th Drive N.E. (next to the YMCA). Distribution days are Tuesdays from 9 a.m. to noon, and Saturday from 9 to 11 a.m.

Marysville Community Food Bank Member Churches

Assembly of God Church

Bethlehem
Lutheran Church

Calvary Chapel

Cascade Christian
Reformed Church

Church of the Nazarene

Evergreen Unitarian
Universalist Fellowship

First Baptist Church

Marysville Free
Methodist Church

Marysville United
Methodist Church

Messiah Lutheran Church

Mountain View
Presbyterian Church

Port Susan Chapel

Seventh Day
Adventist Church

St. Mary's
Catholic Church

St. Phillip's
Episcopal Church

Turning Point
Community Church

Word of Life
Brethren Church
